

## Sport in Key Stage 4

Year	Autumn and Spring Terms	Summer Term
10	<u>Games Lessons (1 double)</u> <ul style="list-style-type: none"> <li>• Hockey</li> <li>• Netball</li> <li>• Basketball</li> <li>• Badminton</li> <li>• Football</li> <li>• Recreation Lessons (single)</li> <li>• Tag Rugby</li> <li>• Trampolining</li> <li>• Jogging/Fitness</li> <li>• Lacrosse</li> <li>• Gymnastics</li> <li>• Swimming (inc Water Polo + Syncro)</li> <li>• Uni Hoc</li> </ul>	<u>Games Lessons (1 double)</u> <ul style="list-style-type: none"> <li>• Tennis</li> <li>• Rounders</li> <li>• Athletics (10 events)</li> <li>• Cricket</li> </ul> <u>Recreation Lessons (single)</u> <ul style="list-style-type: none"> <li>• Basketball</li> <li>• Badminton</li> <li>• Gymnastics</li> <li>• Kwick Cricket</li> <li>• Jogging/Fitness</li> </ul>
11	<u>Games Lessons (1 double)</u> <ul style="list-style-type: none"> <li>• Hockey</li> <li>• Netball</li> <li>• Football</li> <li>• Tag Rugby</li> <li>• Basketball</li> <li>• Badminton</li> <li>• Golf</li> <li>• Squash</li> <li>• Self Defence</li> <li>• Ice Skating</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Rounders</li> <li>• Cricket</li> <li>• Badminton</li> <li>• Golf</li> <li>• Squash</li> <li>• Self Defence</li> <li>• Ice Skating</li> </ul>