

### Sport in Key Stage 3

Year	Autumn and Spring Terms	Summer Term
7	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Hockey</li> <li>• Football</li> <li>• Cross Country/Fitness</li> <li>• Swimming (strokes, dives, racing skills and survival skills)</li> <li>• Gymnastics</li> <li>• Trampolining</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics (including Shot, Discus, Javelin, HJ+ LJ and various track events)</li> <li>• Rounders</li> <li>• Kwick Cricket</li> </ul>
8	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Hockey</li> <li>• Football</li> <li>• Cross Country/Fitness</li> <li>• Swimming (including Syncro)</li> <li>• Gymnastics</li> <li>• Trampolining</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics (including Shot, Discus, Javelin, HJ+ LJ and various track events)</li> <li>• Rounders</li> <li>• Cricket</li> </ul>
9	<ul style="list-style-type: none"> <li>• Netball</li> <li>• Hockey</li> <li>• Football</li> <li>• Cross Country/Fitness</li> <li>• Swimming (including Water Polo)</li> <li>• Gymnastics</li> <li>• Trampolining</li> </ul>	<ul style="list-style-type: none"> <li>• Tennis</li> <li>• Athletics (including Heptathlon)</li> <li>• Rounders</li> <li>• Cricket</li> </ul>